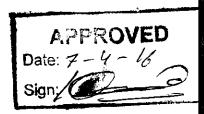
# GOVERNMENT OF THE PUNJAB TECHNICAL EDUCATION & VOCATIONAL TRAINING AUTHORITY



**CURRICULUM FOR** 

#### **SAFETY INSPECTOR**

(3 – Month Course) Revised April 2016



CURRICULUM SECTION
ACADEMICS DEPARTMENT

96-H, GULBERG-II, LAHORE Ph # 042-99263055-59, 99263064 gm.acad@tevta.gop.pk, manager.cur@tevta.gop.pk

#### TRAINING OBJECTIVES

The prime objective of this course of Safety Inspector is to develop and enhance the skill level of the incumbent in this trade of construction industry.

Semi-skilled and skilled worker produced by this training would help to reduce unemployment and poverty in the society. This curriculum is designed to train the Intermediate / Graduation pass persons who are facing a lot of shortage of Safety Inspectors in the field of construction industry.

This training programme will provide opportunity to those who want to equip themselves with such knowledge and skills which will be helpful for their employment after completing this training of 03 months and would enable them to start their own business with professional approach.

Further, this Curriculum is developed by considering the requirements of local and international market and need of the trade enabling the passouts to meet the job market to reduce the shortage of Semi Skilled and Skilled workers in the area.

#### **CURRICULUM SALIENTS**

Entry Level Intermediate / Graduate

Total Duration of Course 3-Months (12 Weeks)

Total Training Hours 400 Contact Hours

Training Methodology 80 % Practical

20 % Theory

Instructional Media English

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#### **SKILL PROFICIENCY DETAILS**

On successful completion of this course, the trainee should be able to:-

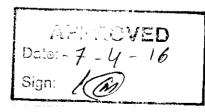
- 1. Give reminders before start critical job.
- 2. Conduct fire drill.
- 3. Conduct safety audit.
- 4. Conduct Tool Box Talk.
- 5. Supervision of safe work practice.
- 6. Conduct inspection and color coding.
- 7. Prepare rigging studies.
- 8. Prepare scaffolding registered.
- 9. Describe safety signs.
- 10. Describe and demonstrate PPE's.
- 11. Describe and demonstrate Breathing Apparatus.
- 12. Conduct housekeeping.
- 13. Conduct basic firefighting.
- 14. Prepare job risk assessment report.
- 15. Conduct strict discipline on construction site.
- 16. Reporting and investigation of accident at construction site.
- 17. Conduct HSE emergency response.
- 18. Prepare hazards assessment.
- 19. Describe crane hazards.
- 20. Describe different types of fire extinguisher and uses.

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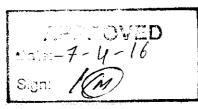
#### **KNOWLEDGE PROFICIENCY DETAILS**

On successful completion of this course, the trainee should be able to:-

- 1. Identify all types of hazards.
- 2. Capable in preparing proper preventive measures to eliminate the hazards.
- 3. Capable of conducting HSE training.
- 4. Explain rigging of equipments.
- 5. Explain safety audits.
- 6. Capable in accepting working permit.
- 7. Explain different classes of fire.
- 8. Explain different types of fire extinguishers and use.
- 9. Describe the importance of HSE.
- 10. Explain fall protection equipments.
- 11. Explain breathing apparatus and uses.
- 12. Capable to inspection of scaffold.
- 13. Explain the importance of fire drill.
- 14. Explain First Aid.
- 15. Explain safety precautions on all different types of activities.
- 16. Explain the responsibilities of fire watchers in confined space entries.
- 17. Explain health hazards.
- 18. Explain safety inspector job descriptions.
- 19. Explain PPE's and uses.
- 20. Describe all types of permit to work.
- 21. Explain hand tools and power tools safety precautions.
- 22. Explain hazard assessment.
- 23. Explain safety inspector responsibilities.



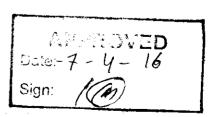
- 24. Explain unsafe act and unsafe condition at construction site.
- 25. Conduct injury and incident investigation.



### **SCHEME OF STUDIES**

### Safety Inspector (3 Months Course)

S.No	Main Topics	Theory Hours	Practical Hours	Total Hours
1.	Management of Health and Safety	6	4	10
2.	Principles of control	16	42	58
3.	Scaffolding hazards and control	4	33	37
4.	Project Construction site hazards and control	14	65	79
5.	Rigging hazards and control	4	12	16
6.	Crane hazards and control	4	12	16
7.	Chemical and biological health hazard and control	6	24	30
8.	Welding hazards and control	2	22	24
9.	Fire Prevention and fire fighting hazards and control	12	58	70
10.	I.T Fundamentals	4	16	20
11.	Functional English	15	25	40
	Total	87	313	400



# Detail of Course Contents Safety Inspector (3-Months Course)

S. No.		Topics	Theory Hours	Practical Hours
1.	Mana	gement of Health and Safety	6	4
	1.1	Introduction		
	1.2	Foundation in Health and safety		
	1.3	Importance for setting policy for health and		
		safety		
	1.4	Legal and organizational health and safety		
		roles and responsibilities		
	1.5	Concept of safety culture		
	1.6	Factors affecting safety culture		
	1.7	Factors affecting safety related behavior		
	1.8	Improving health and safety culture		
	1.9	Work place inspection		
	1.10	Risk assessment	į	
	1.11	Jobs description of safety Inspector		
2.	Princ	iples of control	16	42
	2.1	General principles of controlling hazards and reducing risks		
	2.2	Safe work practice		
	2.2.1	Work at height		
	2.2.2	Scaffolding erection and use		
	2.2.3	Pressure testing		
	2.2.4	Hydro testing		
	2.2.5	Sand Blasting and painting		
	2.2.6	Crane operation and (Rigging and Lifting)		
	2.2.7	Hot work in match area of oil and gas project.		
	2.2.8	Shifting of Radioactive and other hazardous		

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	materials.	<u>.</u>	
	2.2.9 Role of MSDS for safe handling materials.		
	2.2.10 House keeping		
	2.2.11 Hand and Power Tools safety uses.		
	2.3 Personal protective equipment and uses		
	2.4 Toolbox talk		
	2.5 Types of work permit		
:	2.6 General principles of permit to work systems		
	2.7 Hot Work Permit		
	2.8 Height Work Permit		
	2.9 Cold Work Permit		
	2.10 Hydro Test Permit		
	2.11 Excavation Work Permit		
	2.12 Confined Space Entry Permit		
	2.13 Radiography Permit		
	2.14 Erection Work Permit		!
	2.15 Responsibilities of permit receivers		
	2.16 Responsibilities of permit issuer		
	2.17 Safe work practice of hand tools and power		•
	tools		
	2.18 Electrical hazards and control		
	2.18.1 Hazards and risk associated with electricity at	1	
	work		
	2.18.2 Control measures		
3.	Scaffolding hazards and control	4	33
	3.1 An introduction to scaffolding		
	3.2 Hazards on scaffolding		
	3.3 Scaffolding safety procedures		
	3.4 Fall protection systems and application		
	3.5 Machine guarding		

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4.	Proje	ect construction site, hazard and control	14	65
	4.1	Introduction		
	4.2	Hazard assessment		
	4.3	Health hazard(noise, Vibration, Heat, Stress,		
		Violation)		
	4.4	Unsafe act on construction site		
	4.5	Unsafe condition on construction site		!
	4.6	Safety of work at height		
	4.7	Excavations and underground services		
	4.8	Safety Signs		
	4.9	Incident, injury, investigation and remedial		
		measures		
	4.10	Waste segregation and disposal at		
		construction site		
	4.11	Precaution during sand blasting and painting		
	4.12	Common causes of injuries and accidents at		
		work side		
	4.13	Strict discipline at work side		
	4.14	Requirements during working at night		
	4.15	Incident reporting and investigation at site	<u> </u>	
	4.16	HSE emergency response		
5.	Rigg	ing hazards and control	4	12
	5.1	Rigging Process		
	5.2	Rigging Equipments		
	5.2.1	Steel Wire Rope		
	5.2.2	. Wire rope slings		
	5.2.3	Chain slings		
	5.2.4	Fiber Webbing Sling		
	5.2.5	Attachment Hooks		
	5.2.6	S Shackles		
	5.2.7	Chain pulley blocks		

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	5.2.8 Chain lever hoist		
	5.2.9 Puller		
	5.2.10 Rope snatch and pull	ley blocks	
	5.2.11 Traveling girder trolle	ey	
	5.2.12 Winches		
6.	Crane Hazards and contro	4	12
	6.1 Lifting Principle of mo	obile crane	
	6.2 Center of gravity		
	6.3 Leverage		ļ
	6.4 Stability		
	6.5 Structural stability		
	6.6 Crane hand signals		
	6.7 Crane Hazards		
	6.7.1 Improper Load		
	6.7.2 Speed		
	6.7.3 Hand signal		
	6.7.4 Inadequate inspectio	n and maintenance	
	6.7.5 Unguarded part and	radius	
	6.7.6 Improper exhaust sys	stem	
	6.7.7 Shattered window an	nd boom angle	
	6.7.8 Crane safety Operati	ion	
7.	Chemical and biological h	nealth hazard and 6	24
	control		
	7.1 Forms and classifica	tion of hazardous	
	substances		
	7.2 Risk associated with	hazardous substances	
	7.3 Acute and chronic he	ealth effects	
	7.4 Control measures		
	7.5 Waste disposal and	control of pollution	
8.	Welding hazards and con	trol 2	22
	8.1 Welding Protective c		
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		Total	<u> </u>	272
	9.7	Fire safety tips		
	9.6	Action in fire event		
	9.5	Breathing apparatus safety measures		
	9.4	Safety guidelines		
	9.3	Search and rescue		
		coding		
	9.2	Types of fire extinguisher use and color		
	9.1	Basic fire fighting		
9	Fire	prevention and fire fighting hazards	12	58
		activities		
	8.4	Safety precaution in welding and burning		
	8.3	Hazards in welding		
	8.2	Welding safety procedures		:

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#### **LIST OF PRACTICALS**

- Practical for the safety awareness & Escape
- 2. Practical for the preparation of safety inspection check list
- 3. Practical for the Safe Erection and dismantling of basic scaffolds
- 4. Practicals for the fire drill.
- 5. Practicals for the safety audit.
- 6. Practical for the basic machine safety
- 7. Practicals for the Conduction Tool Box Talk.
- 8. To perform the House keeping of the given site.
- 9. Practical to Conduct inspection and color coding.
- 10. Practical's for the making and identify the safety signs.
- 11. Identify and the proper use of the relevant PPE's.
- 12. To demonstrate Breathing Apparatus.
- 13. Practical for the Lifting Operation
- 14. Practical for the work at height
- 15. Practical for the heart saver first aid
- Practical for the Hazard analysis at work
- 17. Practical's for the basic fire fighting.
- 18. Prepare job risk assessment report.
- 19. Practicals for the strict discipline on construction site.
- 20. Practicals for the Reporting and investigation of accident at construction site.
- 21. Perform the HSE emergency response.
- 22. Prepare hazards assessment.
- 23. Identify and report the crane hazards.
- 24. Practical's for the use and refilling of the different types of fire extinguisher

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### SCHEME OF STUDIES I.T Fundamentals

S.No	Main Topics	Theory Hours	Practical Hours	Total Hours
1.	Introduction to Computers	1	4	5
2.	Typing - Microsoft Word	2	6	8
3.	Internet & Electronic Mail	1	6	7
	Total	04	16	20

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## DETAIL OF COURSE CONTENTS I.T Fundamentals

S. No	Detail of Topics	Theory Hours	Practical Hours
1	Introduction to Computers	1	4
	1.1 What is a computer- Definition, general features?	functions and	
	1.2 What is Hardware – 1.2.1 Computer parts and unit 1.2.1.1 Input Unit - Keybo 1.2.1.2 Central Processin 1.2.1.3 Output Unit	oard, Mouse etc.	
	1.3 What is Software – 1.3.1 Electronic Parts of a Pc i 1.3.1.1 Software and Its t 1.3.1.2 System Software, Software	ypes	
	<ul><li>1.4 Working with windows Operating</li><li>1.4.1 How does windows desk</li></ul>	<b>—</b>	
	1.5 What are the Icons, Shortcuts a graphic, 1.5.1 How to see computer co		
2	Typing and Word processing (MS V	Vord) 2	6
	2.1 Proper way of typing correct an getting familiar with the keys	d speedy -	
	2.2 Where to type in computer? Ho How to get it back? Where to fi work?		
	2.3 How to get it printed?		
3	Emailing and Internet Surfing	1	6
	<ul><li>3.1 How to go to Internet, what is reinternet connection etc.</li><li>3.2 How to use email? How to sear</li></ul>		
	3.2 How to use email? How to sear 3.3 How to make new email account logout an email account etc.?		
	Total	04	16

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### LIST OF PRACTICALS 1.T Fundamentals

S. No.	Name of Practical
1.	Turn On/Off and setting of power supply
2.	Accessing The Desktop
3.	Using of Icons and Shortcuts
4.	Setting / customizing the desktop
5.	Viewing the contents of computer – Directory
6.	Copying, Deleting and Moving Files in a folder
7.	Working with different Applications
8.	Opening MS Word for typing
9.	First lesson of Typing A S D F
10.	Second Lesson of typing J K L ;
11.	Third Lesson U I O P
12.	Fourth Lesson R E W Q
13.	Fifth Lesson N M , .
14.	Sixth Lesson V C X Z
15.	Seventh Lesson All letter using R index Finger
16.	Eighth Lesson All letter using L index Finger
17.	Formatting in MS Word Bold, Italic etc.
18.	Using Internet
19.	Opening Email, making new account
20.	Sending Receiving Emails

## SCHEME OF STUDIES Functional English

S.No	Main Topics	Theory Hours	Practical Hours	Total Hours
1.	Introduction of English Sentence Structure	2	3	5
2.	Use of present indefinite tense	2	3	5
3.	Use of 'is' 'are' 'am' questions and negatives	2	3	5
4.	Ask questions	2	3	5
5.	Express daily routines	2	3	5
6.	Know how to address people	1	2	3
7.	Provide written feedback	1	2	3
8.	Dialogues	1	2	3
9.	Understand vocabulary	1	2	3
10.	Application/C.V.	1	2	3
	Total	15	25	40

## DETAIL OF COURSE CONTENTS Functional English

S. No	Detail of Topics	Theory Hours	Practical Hours
1	Introduction of English sentence structure	2	3
2	Use of present indefinite tense with exercises	2	3
3	Use of 'is' 'are' 'am' questions and negatives	2	3
4	4.1 Ask questions 4.1.1 At work place 4.1.2 In the market 4.1.3 In classroom	2	3
5	5.1 Express daily routines 5.1.1 Before going to college 5.1.2 Dealing with colleagues 5.1.3 Going to market	2	3
6	6.1 Know how to address people 6.1.1 In Meetings 6.1.2 In class	1	2
7	7.1 Provide written feedback 7.1.1 After visiting the market 7.1.2 On some official task	1	2
8	8.1 Dialogues 8.1.1 With colleague 8.1.2 Teacher/student 8.1.3 Employer/employee 8.1.4 Booking on railway station	1	2
9	Understand vocabulary	1	2
10	Application / C.V.	1	2
	Total	16	25

### LIST OF PRACTICALS Functional English

S. No.	Pacical Commence of the Commen
1.	Group discussion
2.	Interviews
3.	Role play

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### **LIST OF LABS**

#### **Safety Inspector**

1- Safety Workshop

#### **I.T Fundamentals**

1- Computer Lab

#### **LIST OF MACHINERY, EQUIPMENT & TOOLS**

For 25 Students

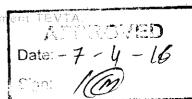
Name of trade	Safety Inspector
Duration	03 Months

S. No.	Description	Quantity
1-	Breathing Apparatus	2
2-	Spanner Set	10
3-	Net	5
4-	Harness	20
5-	Safety Belt	10
6-	Hammers	10
7-	Adjustable Wrench	20
8-	Aluminum Ladder	20
9-	Fire Extinguisher DCP & CO2	10

#### **COMPUTER LAB**

S. No.	Tools / Equipment	Quantity
1.	Desktop computer (Specifications as per notification issued by MIS Section, TEVTA)	26 (1 for each student & 1 for the teacher)
2.	Printer (Laser)	01
3.	Scanner	01
4.	Internet Connection (At least 1 MB speed)	01
5.	UPS 10 KVA	01
6.	Air Conditioner 1 ½ Ton	02
7.	Multimedia Projector	01

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#### **LIST OF CONSUMABLE MATERIALS** (Safety Inspector)

S. No	lten -	Quantity
1.	Fire Hose 2 ½" x 50ft	4 Nos.
2.	Fire Extinguishers Refills	40 Nos.
3.	Breathing Apparatus refilling	20 Nos.
4.	First Aid Kits	10 Nos.
5.	Metal Markers	40 Nos.
6.	Stationery (Work permit)	1200 Nos,
7.	Tags (3 Colors)	1200 Nos.
8.	Fire Blankets	20 Nos.
9.	Paints Enamel	12 Ltrs
10.	Paint Brush	10 Nos.
11.	Black Permanent Markers	80 <b>N</b> os.
12.	Sand	20 Cft
13.	Overall	80
14.	Safety Shoes	40
15.	Safety Helmet	40
16.	Safety Google	40
17.	Ear Plugs	40
18.	Safety Gloves	40

#### **Functional English**

S. No.	ltem.	Quantity
1.	Stationery	As per requirement
2.	Board Markers	As per requirement

#### I.T Fundamentals

S. No.		Quantity
1.	Printing Paper	As per requirement
2.	Printer Toner	As per requirement

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#### **EMPLOYABILITY OF PASS-OUTS**

The pass-out of this course may work in the following sectors / areas and positions as skilled professional: -

- Plant construction (Power houses, Fertilizer plants, Cement plants, and Oil & Gas plants etc.)
- 2. Civil construction works / sites
- 3. To start their own business of services.
- 4. To work in specific field like maintenance / shutdown services.
- 5. To work as contractor / sub-contractor.

#### MINIMUM QUALIFICATION OF TEACHER / INSTRUCTOR

#### a) Instructor

- 1. D.A.E / B. Tech. / Foreign Qualified would be preferred
- 2. 10-Years' experience in Construction Industry
- 3. Computer proficiency.

#### b) Demonstrator

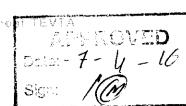
- 1. Intermediate with Safety courses completed.
- 2. 10-Years' experience in Construction Industry
- 3. Ability to use computer.

#### Functional English

M.A. (English)

#### I.T Fundamentals

DAE CIT/ BCS from HEC recognized university



### **REFERENCE BOOKS**

- Engr. Anwar H. Siddiqui & Engr C. L. Nankani , An Introduction To Occupational Health, Safety And Environment, lep
- Paul Hughes, Ed Ferrett' Introduction To Health And Safety At Work, 3rd Edition,
   Elsevier

#### **Functional English**

- 3. High School English Grammar By Wren & Martin
- 4. Oxford English Grammar

#### I.T Fundamentals

- 1. Introduction to Computer by Peter Norton
- 2007 Microsoft® Office System Step by Step by Joyce Cox, Steve Lambert and Curtis Frye
- 3. Internet and E-mail with Windows 7 by Studio Visual Steps

#### LIST OF TRADE RELATED JARGON

**ANSI** American National Standards Institute.

Approved Code of Practice **ACOP** 

Approved Equipment List **AEL** 

BA **Business Area** 

Burner Management System **BMS** 

**BFF Basic Fire Fighting** 

**BASP Breathing Apparatus Safety Precaution** 

CACompetent Authority

**CSO** Crane Safety Operation

**CASS** Conformity Assessment of Safety Systems

Control of Major Accident Hazards **COMAH** 

Common Cause Failure **CCF** Common Mode Failure

CA Competent Authority

**CMF** 

**CMS** Competency Management System

**CWF** Competent Work Force

DF Dangerous failure

**EUC** Equipment under control

FS Functional safety

**FSA** Functional safety Assessment

**FST** Fire Safety Tips

Functional Safety Management System **FSMS** 

HTHazard Type

HE Hazardous Event

HOS Hazards on scaffolding

HS Hazardous situation

Health Safety Environment **HSE** 

**HSE** Health and Safety Executive

**HMI** Human Machine Interface

**IPL Independent Protective Layer** 

Developed to Classifier Sertion Scadenics Departmentiffs

IPF Instrumented Protective Function

IPS Instrumented Protective System

JRA Job Risk Assessment

LDM Low Demand Mode

LTI Lost Time Injury

MOC Management of Change

MAPP Major Accident Prevention Policy

MTBF Mean Time Between Failures

MTTR Mean Time to Repair

NRR Necessary Risk Reduction

NASC National Access and Scaffolding Confederation

O&M Operations & Maintenance

OSHA Occupational Safety & Health Administration

PFEER Prevention of Fire & Explosion & Emergency Response

PHR Process Hazard Review

PFD Probability of failure on demand

PCS Process Control System

PPE Personal Protective Equipment

PST Process Safety Time

PSM Process Safety Management

PAR Preventive Action Request

QRA Quantified Risk Analysis

QHSE Quality Health Safety Environment

QR Quantified Reliability

QD Quantified Design

RA Risk Analysis / Assessment

RBSA Risk Based Safety Analysis

RBSI Risk Based Inspection

RC Risk Criteria

RE Risk Estimation

RG Risk Graph

Date: -7 - 4 - 18

SCS Safety Critical system

SCBA Self Contained Breathing Apparatus

SSP Scaffolding Safety Procedures

SFRS Safety Functions Requirements Specification

SIF Safety Instrumented Function

SICS Safety Instrumented Control System

SIPF Safety Instrumented Protection Function

SIS Safety Instrumented System

SIL Safety Integrity Level

SIRS Safety Integrity Requirements Specification

SLCMP Safety Life Cycle Management Plan

SRS Safety Related System / Software SRS Safety requirements specification

SFAM Systematic Fault Avoidance Measures

SFTM Systematic Fault Tolerance Measures

SWM Solid Waste Management

TRA Task Risk Assessment

Convener

#### **Curriculum Revision Committee**

- Engr. Mazhar Abbas Naqvi
  Principal,
  Govt. Staff Training College, Faisalabad
- 2. Mr. Amjad Rafique,
  Sr. Instructor,
  GCT Rasul

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