

**GOVERNMENT OF THE PUNJAB**

**TECHNICAL EDUCATION & VOCATIONAL  
TRAINING AUTHORITY**



**CURRICULUM FOR**

**BEAUTICIAN**

**(6 – Month Course)**

Revised April 2016

**CURRICULUM SECTION  
ACADEMICS DEPARTMENT**

96-H, GULBERG-II, LAHORE

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## **TRAINING OBJECTIVES**

A Six Month Beautician training course aimed to introduce this popular and high profitable course. Emphasis is put on the ability of the trainee to perform as a confident and competent Beautician. This course is spread over Six days a week to ensure practice in the gap time to ensure complete proficiency in the field.

An ideal starter course for students starting out in Beauty Therapy. A fast tract course combines the basic skills and knowledge that any beauty therapist needs. The training objectives of this course are as follows:

1. Develop professional attitude and Knowledge of hair & skin care, Manicure, Pedicure, Beauty Treatments comprises of Casual makeup, Party makeup & Bridal makeup, making of Eye brows, eye lashes, Facial & skin treatments, Hina applications, Massage & Hair styling techniques and methods.
2. The necessary theoretical knowledge is also imparted along with work ethics in order to produce capable & skilful workforce as per prevailing market demand and self employed members of the society.
3. This curriculum will equip the trainees with skills and knowledge to ensure proper safety measures in parlours and emphasize on fitness & diet for healthy look.

**CURRICULUM SALIENTS**

- |                          |                             |
|--------------------------|-----------------------------|
| 1. Entry Level           | Middle preferable Matric    |
| 2. Duration of course    | 6 Months                    |
| 3. Total Training Hours  | 800 Contact Hours           |
| 4. Training methodology  | 80% practical<br>20% theory |
| 5. Medium of Instruction | Urdu                        |

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## **SKILL PROFICIENCY DETAILS**

On successful completion of this course, the trainee should be able to: -

1. Practice beauty techniques.
2. Make and cut of different hairstyles.
3. Have knowledge of different types of skin and their facials.
4. Apply makeup on different types of skins i.e. oily, dry, Acne, etc.
5. Apply makeup and hairstyle or cut on different faces.
6. Acquire skill on salon work i.e. safety precautions, skin and hair conditions.
7. Select, Operate and handle equipment according to professional standard

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**KNOWLEDGE PROFICIENCY DETAILS**

On successful completion of this course, the trainee should be able to: -

1. Explain beauty techniques, proper appearance, speech, social behaviour etc.
2. Understand the Makeup, facial, manicure, pedicure, body massage, hair colouring, styling and application of Hina.
3. Describe the general principles of balanced diet and nutrition.
4. Identify safety precautions including safety practices, conditions upon which medical advice must be sought.
5. Explain professional ethics, good professional standards, hygiene and sanitization procedure.

**SCHEME OF STUDIES**  
**Beautician**  
**(6 – Months Course)**

<b>S. No.</b>	<b>Subjects</b>	<b>Theory Hours</b>	<b>Practical Hours</b>	<b>Total Hours</b>
1.	Hair Care	36	159	195
2.	Skin Care	37	132	169
3.	Make-up	32	140	172
4.	Fitness	31	113	144
6.	I.T Fundamentals	8	32	40
5.	Functional English	16	64	80
<b>Total</b>		<b>160</b>	<b>640</b>	<b>800</b>

**DETAIL OF COURSE CONTENTS**

(Beautician 6-Month Course)

Subject: Hair Care

## Theory

Sr. No.	Main Topics	Theory (Hours)
1	<b>1.1 Study of Hair</b>	
	1.1.1 Definition of hair	1
	1.1.2 Study of different textures of hair (dry, oily, normal, dandruff)	4
	<b>1.2 Cosmetics of hair</b>	
	1.2.1 Procedure for the use and preparation of shampoos, dyes, oils, creams, and conditioners.	5
	1.2.2 Developers and lotions used for the setting, cutting, perming, straightening of different textures of hair.	
	<b>1.3 Procedure for washing, shampooing and combing the hair.</b>	4
	<b>1.4 Hair dyes</b>	
	1.4.1 Introduction of hair colour problems and remedies.	2
	1.4.2 Difference between natural and fashion shades.	2
	<b>1.5 List of equipment used for hair cutting and styling</b>	2
	<b>1.6 Histology of hair</b>	4
	1.6.1 Nutrients required for the nourishment of hair	4
	<b>1.7 Diseases of hair and their remedies through different procedures by using herbal and cosmetic shampoos, oils, conditioners etc</b>	8
	1.7.1 Falling of hair	
	1.7.2 Dandruff of hair	

	1.7.3 Whitening of hair	
<b>Total</b>		<b>36</b>

**PRACTICAL**

Sr. No.	Main Topics	Practical (Hours)
1	<p><b>1.1 Cosmetics of hair</b></p> <p>1.1.1 Use and preparation of shampoos, dyes, oils, creams, conditioners</p> <p>1.1.2 Developers and lotions used for the setting, cutting, perming, straightening of different textures of hair</p> <p>1.1.3 Washing</p> <p>1.1.4 Shampooing</p> <p>1.1.5 Combing different textures of hair</p> <p><b>1.2 Hair dyes</b></p> <p>1.2.1 Introduction of hair colouring problems and their remedies, colour removing etc</p> <p>1.2.2 Difference between natural and fashion shades</p> <p><b>1.3 Hina</b></p> <p>1.3.1 Preparation and application of hina</p> <p>1.3.2 Use of oils and creams</p> <p><b>1.4 Hair cutting of different texture and face shapes</b></p> <p>1.4.1 Equipment for hair cutting.</p> <p>1.4.2 Steps</p> <p>1.4.3 U shape</p> <p>1.4.4 Round shape</p> <p>1.4.5 Bob cutting</p>	<p>10</p> <p>10</p> <p>19</p> <p>10</p> <p>50</p>



	1.4.6 Soldier cutting 1.4.7 Forward cutting 1.4.8 Sheggy cutting <b>1.5 Hair styling</b> 1.5.1 Roller setting. 1.5.2 Blow-drying. 1.5.3 Perming. 1.5.4 Straightening.	24
	<b>1.6 Histology of hair</b> 1.6.1 Application of different vitamin capsules on hair	6
	<b>1.7 Disease and defects of hair and their remedies through different procedures by use of herbal and cosmetic shampoos</b> 1.7.1 Falling of hair 1.7.2 Dandruff of hair 1.7.3 Whitening of hair	30
<b>Total</b>		<b>159</b>

**SUBJECT: SKIN CARE**

**THEORY**

Sr. No.	Main Topics	Theory (Hours)
1	<b>1.1 Study of different kinds of skin (dry, oily, acne, problem skin) through</b> 1.1.1 Herbal 1.1.2 Cosmetic method	2
	<b>1.2 Importance of vitamins for the nourishment of the skin</b> 1.2.1 Deficiencies of vitamins	5

	1.2.2 Food sources of vitamins (which food source is important for nourishment of skin)	2
	<b>1.3 List of equipment required for facial</b>	2
	<b>1.4 Procedure for bleaching, types of bleach used for different types of skins</b>	2
	<b>1.5 Preparation and use of different types of oils and creams used for facial</b>	2
	<b>1.6 Procedure and preparation of different types of masks</b>	1
	<b>1.7 Procedure of making and application of wax</b>	1
	<b>1.8 Procedure of applying steam</b>	
	1.8.1 Advantages of steam for different kinds of skin	2
	1.8.2 Effects and remedies	
	<b>1.9 Procedure for removal of black and white heads</b>	2
	1.9.1 Effects and remedies	
	<b>1.10 Cosmetics for skin</b>	
	1.10.1 Study of different types of creams, oils, scrubs and masks used for different types of skin	4
		2
	<b>1.11 Diseases and remedies of skin</b>	4
	<b>1.12 Advantages &amp; disadvantages of facial massage</b>	2
	<b>1.13 Manicure and pedicure</b>	
	1.13.1 Importance	4
	1.13.2 Requirement and procedure for manicure and pedicure	
	1.13.3 List of equipment used in manicure and pedicure.	
<b>Total</b>		<b>37</b>

**PRACTICAL**

Sr. No.	Main Topics	Practical (Hours)
1	<b>1.1 Facial of different kinds of skin (dry, oily, acne,</b>	20

	<b>problem skin) through</b>	
	1.1.1 Herbal	
	1.1.2 Cosmetic method	
	<b>1.2 Equipment required for facial</b>	2
	<b>1.3 Preparing mask</b>	5
	<b>1.4 Preparation of essential oils</b>	5
	<b>1.5 Bleaching</b>	6
	<b>1.6 Threading</b>	6
	<b>1.7 Waxing</b>	6
	<b>1.8 Steam</b>	6
	<b>1.9 Removal of black and white heads</b>	5
	<b>1.10 eye brows, eye lashes</b>	18
	<b>1.11 Cosmetics of skins</b>	10
	1.11.1 Different types of cream, oils, scrubs and masks used for different types of skin. (labels and brands)	
	<b>1.12 Diseases and remedies of skin</b>	10
	<b>1.13 Massage of different facial muscles through different methods</b>	20
	<b>1.14 Manicure and pedicure procedure</b>	10
	<b>1.15 Equipment for manicure and pedicure</b>	3
<b>Total</b>		<b>127</b>

**SUBJECT : MAKE UP**

**Theory**

Sr. No.	Main Topics	Theory (Hours)
1	<b>1.1 Study of different kinds of skin</b> 1.1.1 Oily 1.1.2 Dry 1.1.3 Normal 1.1.4 Acne	6

	<b>1.2 Types of make up used for different occasions</b>	4
	1.2.1 Dry make up	
	1.2.2 Oily make up	
	<b>1.3 Foundation and techniques of makeup</b>	4
	1.3.1 Contouring the makeup	
	<b>1.4 Procedure of cleansing the skin before makeup</b>	2
	1.4.1 Various cleansing creams and lotions	
	<b>1.5 Cosmetics of makeup</b>	2
	1.5.1 Study of different types and brands of make up used for different kinds of skin (available in market)	
	<b>1.6 List of equipment and tools required for make up</b>	2
	<b>1.7 Chemistry for cosmetology</b>	12
	1.7.1 Basic chemistry elements and symbols	
	1.7.2 Physical and chemical changes.	
	1.7.3 Cosmetic for skin	
	1.7.4 Sterilization	
<b>Total</b>		<b>32</b>

### Practical

Sr. No.	Main Topics	Practical (Hours)
1	<b>1.1 Make up of different kinds of skin</b>	20
	<b>1.2 Use of different types of make up (on different occasions)</b>	20
	1.2.1 Dry make up	
	1.2.2 Oily make up	30
	<b>1.3 Foundation &amp; techniques of make up</b>	
	1.3.1 Contouring the make up	10
	<b>1.4 Cleansing of skin before make up by using</b>	

	<b>different creams and lotions</b>	10
	<b>1.5 Application of different types and labels of cosmetics available in market.</b>	10
	<b>1.6 Equipment and tools required for make up</b>	10
	<b>1.7 Evening and bridal make up</b>	10
	<b>1.8 Professional make up</b>	10
	<b>1.9 Learning the procedures of electricity for cosmetology.</b>	
	1.9.1 Basic electricity	
	1.9.2 Direct and alternative current	10
	1.9.3 Safety devices and treatment for shock	
	<b>1.10 Know how of sterilization and different types of cosmetics available in market (biochemistry)</b>	
<b>Total</b>		<b>140</b>

**SUBJECT : FITNESS**

**Theory**

Sr. No.	Main Topics	Theory (Hours)
1	<b>1.1 Definition of fitness importance of fitness in our daily life</b>	1
	<b>1.2 Study of basic exercise</b>	5
	1.2.1 Movement classification, techniques, effects.	
	1.2.2 Procedure for correct standing and sitting positions.	
	1.2.3 Procedure of figure faults by exercise, effects and contra-indication.	
	1.2.4 Procedure of different types of exercises	
	<b>1.3 Body massage</b>	1
	1.3.1 Definition of massage.	
	1.3.2 Importance of body massage.	
	<b>1.4 Body massage</b>	1

1.4.1	Definition of massage.	
1.4.2	Importance of body massage.	
	<b>1.5 Types of massage</b>	1
1.5.1	Friction massage	
1.5.2	Vibratory massage	
1.5.3	Stroking massage, etc	1
	<b>1.6 Procedure of relaxation therapy</b>	
1.6.1	How to relax the body muscles	
	<b>1.7 Diet and nutrition</b>	1
1.7.1	Importance of diet in our daily life.	
1.7.2	Balance diet.	1
	<b>1.8 Importance of cholesterol in our daily life.</b>	
1.8.1	Definition of cholesterol	
1.8.2	Effects and remedies of cholesterol	
	<b>1.9 Caloric chart</b>	4
1.9.1	Consumption of calories according to need, age, status and sex.	
	<b>1.10 Importance of food groups in our diet.</b>	10
1.10.1	Types of food groups	
1.10.2	Role of carbohydrates, proteins, minerals, fats & vitamins in our daily life.	
1.10.3	Deficiencies	
1.10.4	Food sources of these groups	5
	<b>1.11 Overweight and under nutrition persons</b>	
1.11.1	Disease caused by overweight.	
1.11.2	Disease of under nutrition person.	
<b>Total</b>		<b>31</b>

## PRACTICAL

Sr. No.	Main Topics	Practical (Hours)
1	<p><b>1.1 Basic exercises</b></p> <p>1.1.1 Movement, classification, techniques &amp; effects.</p> <p>1.1.2 Correct standing and sitting position</p> <p>1.1.3 Correction of figure faults by exercise, effects and contra-indication.</p> <p><b>1.2 Body massage</b></p> <p><b>1.2.1 Movement &amp; their effects</b></p> <p>1.3 Types of massage</p> <p>1.3.1 Friction massage</p> <p>1.3.2 Vibratory massage</p> <p>1.3.3 Stroking massage</p> <p><b>1.3.4 Relaxation therapy</b></p> <p><b>1.3.5 Different types of exercises</b></p> <p><b>1.3.6 Toning, relaxation and figure correction</b></p> <p><b>1.3.7 Powders, creams and oils and their uses.</b></p> <p><b>1.3.8 Knowledge of caloric chart according to need, age, status and sex.</b></p> <p><b>1.3.9 Maintenance and reduction of weight by using balanced diet and different types of exercise</b></p>	<p>18</p> <p>12</p> <p>20</p> <p></p> <p></p> <p></p> <p>10</p> <p>10</p> <p>10</p> <p>10</p> <p>15</p> <p>08</p>
<b>Total</b>		<b>113</b>

## LIST OF PRACTICALS

Sr. No.	Experiments
1.	Different types of hair cutting 1.1 Hair Shampooing + Conditioning + Combing 1.2 Hair Dyeing
2.	Making different types of hairstyles i.e. roller setting, blow drying, perming and straightening.
3.	Doing different types of facials. 3.1 Sterilization of different tools and equipment used in different Facials 3.2 Simple facial. 3.3 Dry skin facial. 3.4 Oil skin facial. 3.5 Acne facial. 3.6 Problem skin facial.
4.	Doing makeup on different faces for different occasions. 4.1 Party makeup. 4.2 Bridal makeup.
5.	Manicure.
6.	Pedicure.
7.	Preparation and application of hina.
8.	Body massage. 8.1 Different types of oils and creams. 8.2 Techniques of massage.
9.	Threading.
10.	Waxing.
11.	Bleaching.
12.	Hair colouring.



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13.	Application of different types of masks.
14.	Doing different types of exercises.
15.	Preparation of different caloric charts
16.	Application of massage.

**SCHEME OF STUDIES****I.T. Fundamentals**

<b>S.No</b>	<b>Main Topics</b>	<b>Theory Hours</b>	<b>Practical Hours</b>	<b>Total Hours</b>
1.	Introduction to Computers	2	6	8
2.	Typing - Microsoft Word	4	14	18
3.	Internet & Electronic Mail	2	12	14
<b>Total</b>		<b>8</b>	<b>32</b>	<b>40</b>

**DETAIL OF COURSE CONTENTS**  
**I.T Fundamentals**

S. No	Detail of Topics	Theory Hours	Practical Hours
1	<p><b>Introduction to Computers</b></p> <p>1.1 What is a computer- Definition, functions and general features?</p> <p>1.2 What is Hardware –            1.2.1 Computer parts and units                1.2.1.1 Input Unit - Keyboard, Mouse etc.                1.2.1.2 Central Processing Unit                1.2.1.3 Output Unit</p> <p>1.3 What is Software –            1.3.1 Electronic Parts of a Pc it is                1.3.1.1 Software and Its types                1.3.1.2 System Software, Application software and its functions</p> <p>1.4 Working with windows Operating System            1.4.1 How does windows desktops work?            1.4.2 Setting desktop, background and wall papers etc.            1.4.3 Viewing directories – List of files and folders different styles.</p> <p>1.5 What are the Icons, Shortcuts and other graphic,            1.5.1 How to see computer contents on different drives etc.</p>	2	6
2	<p><b>Typing and Word processing (MS Word)</b></p> <p>2.1 Proper way of typing correct and speedy - getting familiar with the keys</p> <p>2.2 Where to type in computer? How to save a file? How to get it back? Where to find your saved work?</p> <p>2.3 Formatting in MS Word Bold, Italic, page setup, setting shades and colors.</p> <p>2.4 Working with saved work, opening and moving</p>	4	14

	files.		
	2.5 How to get it printed?		
<b>3</b>	<b>Emailing and Internet Surfing</b>	<b>2</b>	<b>12</b>
	3.1 How to go to Internet, what is required for an internet connection etc.		
	3.2 How to use email? How to search on web? Etc		
	3.3 How to make new email account, login and logout an email account etc.?		
	3.4 Downloading and uploading attachments etc.		
<b>Total</b>		<b>8</b>	<b>32</b>

**LIST OF PRACTICALS**  
**I.T Fundamentals**

<b>S. No.</b>	<b>Name of Practical</b>
1.	Turn On/Off and setting of power supply
2.	Accessing The Desktop
3.	Using of Icons and Shortcuts
4.	Setting / customizing the desktop
5.	Viewing the contents of computer – Directory
6.	Setting the view of a folder
7.	Copying, Deleting and Moving Files in a folder
8.	Working with different Applications
9.	Opening MS Word for typing
10.	First lesson of Typing A S D F
11.	Second Lesson of typing J K L ;
12.	Third Lesson U I O P
13.	Fourth Lesson R E W Q
14.	Fifth Lesson N M , .
15.	Sixth Lesson V C X Z
16.	Seventh Lesson All letter using R index Finger
17.	Eighth Lesson All letter using L index Finger
18.	Formatting in MS Word Bold, Italic etc.
19.	Page Setting/ Page Layout
20.	Using Internet
21.	Opening Email, making new account

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22.	Sending Receiving Emails
23.	Downloading and uploading attachments etc.

**SCHEME OF STUDIES**  
**Functional English**

S.No	Main Topics	Theory Hours	Practical Hours	Total Hours
1.	Use of past indefinite tense	2	6	8
2.	Use of 'was' 'were' ' questions and negatives	3	6	8
3.	Explaining a situations/ analysis	2	6	8
4.	Communication in writing	2	6	8
5.	Comprehension	1	6	7
6.	Application/ C.V.	1	6	7
7.	Dialogues	1	9	10
8.	Understand vocabulary	1	3	4
9.	Writing complaints/ answers to complaints	1	9	10
10.	Interviews	2	7	10
<b>Total</b>		<b>16</b>	<b>64</b>	<b>80</b>

**DETAIL OF COURSE CONTENTS**  
Functional English

S. No	Detail of Topics	Theory Hours	Practical Hours
1	<b>Use of past indefinite tense</b> 1.1 Describing past events	2	6
2	<b>Use of ‘was’ ‘were’ ‘ questions and negatives</b>	2	6
3	<b>Explaining a situations/ analysis</b> 3.1 Making a plan 3.2 Visiting factory area 3.3 Giving justifications	2	6
4	<b>Communication in writing</b> 4.1 Asking for list of stationery items 4.2 Submitting report of performance of team of technicians 4.3 Submitting joining report	2	6
5	<b>Comprehension: practice sets</b>	2	6
6	<b>Job application/C.V.</b>	1	6
7	<b>Dialogues</b>	1	9
8	<b>Understand vocabulary</b>	1	3
9	<b>Writing complaints/ answers to complaints</b>	1	9
10	<b>Interviews</b>	2	7
<b>Total</b>		<b>16</b>	<b>64</b>



**LIST OF PRACTICALS**  
**Functional English**

<b>S. No.</b>	<b>Practical</b>
1.	Group discussion
2.	Interviews
3.	Role play

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## **LIST OF LABS**

### **Beautician**

- Beautician Lab

### **I.T Fundamentals**

- Computer Lab

**Revised LIST OF TOOLS AND EQUIPMENT/ MACHINERY**  
(Beautician 6- Month Course)

S.No	Equipment / Machinery	Quantity
1	Brushing Machine 10 in 1 (Cecum, High Frequency, Galvanic, Wood lamp, magnifying glass, steamer)	1
2	Facial Steamer with Ozone light stand	1
3	Steriliser UV Light	1
4	Skin Scanner	1
5	Facial Bed	1
6	Facial Trolley	6
7	Revolving Chair for Parlor	2
8	Stand for rollers and Pin	6
9	Head Steamer with Ozone light	1
10	Face & Head Massager	2
11	Rebounding Straightener	6
12	Foot Massager	2
13	Paraffin Wax Heater	2
14	Spa Unit for Manicure	1
15	Spa Unit for Pedicure	1
16	Washing Unit	1
17	Professional Hair Dryer	6
18	Curling rod 16 mm to 38 mm	6
19	Towel Warmer	1
20	Volume Iron	6
21	Electric curler	5
22	Infrared lamp	1
23	Vibrating body massage machine	3
24	UV light	6
25	A/C 1, ½ Ton	1
26	Electric Extension (leads)	6
27	Magnifying Glass	3
28	Hair Connector machine	1
29	Timer	2
30	Work station along with mirror (Fiber made) 2-4 FT workstation and mirror shelf 6" depth, 2ft width	12
31	Hydraulic Chair	6
32	Facial Chair	6
33	Computer with internet	1
34	UPS	1

**COMPUTER LAB**

S. No.	Tools / Equipment	Quantity
1.	<b>Desktop computer (Specifications as per notification issued by MIS Section, TEVTA)</b>	26 (1 for each student & 1 for the teacher)
2.	Printer (Laser)	01
3.	Scanner	01
4.	Internet Connection (At least 1 MB speed)	01
5.	UPS 10 KVA	01
6.	Air Conditioner 1 ½ Ton	02
7.	Multimedia Projector	01

**Revised CONSUMABLE MATERIALS**

Sr. No.	Item	Quantity
1	Dye Caps self	25 Each
2	Gowns of Women	12
3	Self -Apron	25
4	Head Facial band	25
5	Facial Bowels and brushes	25
6	Wooden and Plastic Spatula	25
7	Tissue Paper	25
8	Cotton Pack Rolls	12
9	Rose Water	12
10	Facial Sponges	25 set
11	Mask Brush and Bowl	25
12	All Size Towels White(small , medium , Large)	12 each
13	Black Towels	12
14	Paraffin Wax Strips	25 Packet
15	Styling Mousse and Spray	6,6
16	Shampoo & Conditioner Parlor Pack	2,2
17	Hair Gels small bottles	12
18	Foundation Puff	25
19	Liquid Make over Sponges	25
20	Blow Dryer brush set	6 sets
21	Cutting Comb Set	6 sets
22	Scissor Set	6
23	Streaking Caps	25
24	Manicure & Pedicure Kit	6
25	Razor and Trimmers	10
26	Face Polisher Kit	6
27	Epilators Threads	12
28	Dettol & Sanitizers	12
29	Alcohol Pad Box	6
30	Back Mirror	6
31	Perming Liquid & Stick Bones	6
32	Disposable Gloves & Booties	25
33	Different Color Dye	12
34	Facial Kit Whitening , Acne , Aging	6

	Products	
35	Makeup Cosmetic Kit	6
36	Rebounding Kit	6
37	Bleach Brush	25
38	Bowls	25
39	Spatula	25
40	Blackhead Remover	3
41	Meni pedicure kit	25
42	Cuticle Knife, Buffers, (hard skin removal), Nail Scissors, Clippers,	6
43	Twizer	6
44	Small Scissors	6
45	Cutting Scissors	6
46	Thinning Scissors	6
47	Razor with blade	6
48	Spoon facials	25
49	Mixing bowls set	25
50	Spray bottle	5
51	Applicator brush	25
52	All in one eyelash brush comb	6
53	Barbey Brush	6
54	Hair Brush	6
55	Roller Brush Set (5 in 1)	6
56	Tinting Brush with comb	6
57	Perming Cap	25
58	Shower Cap	25
59	Hair Clips Set	10
60	Hair Cutting Comb	10
61	Large tooth comb	3
62	Tail Comb	25
63	Stone therapy set	1
64	Hair Pin	25
65	Invisible Pin set	25
66	Decorative Pin	25
67	Roller Pin	8
68	Hand Mirrors	8
69	Gabbag/bin/Bag	5
70	MOP	5
71	Needle for streaking	25

72	Cutting Sheets + Foot Heeler	10
73	Complete make up Brushes Set	10
74	Eyebrow pencil sharpener	25
75	Magazine/Books with rack	10 Magazine 1 rack
76	Facial bands	25
77	Wax strips set	25
78	Body massage Oil(Jasmine oil, coco butter Oil, Almond Oil, Olive Oil, tea tree Oil)	10 Bottles
79	Thread	25
80	Hair Color Mixing Bowls set	10
81	Section Pins	10 Set
82	Rubber bands	10 Pkt
83	Dusting Brushes	5
84	Perming kit Set	6
85	Foil Paper	15
86	Different types of shampoo and conditioner	10 shampoo 10 conditioner
87	Hair Extension	6
88	Developer 20 Volume parlor pak	6
89	Developer 300 Volume Parlor pak	4
90	Developer 40 Volume Parlor Pak	4
91	Developer 10 Volume Parlor Pak	2
92	Hair Straightening Serum	6
93	Hair Protein treatment cream	6
94	Back Combing pad	25
95	Different Types of Mask mud Mask Simple Mask Mass	6 Bottles
96	Jura Pin	25 Box
97	Face wash oily Dry / Simple	6
98	Make up Sponge	25
99	Polisher Applicator	25
100	Hot Wax	6 Bottles
101	Cold Wax	6 Bottles
102	Rose Water	10
103	Cleaners (350-500 ml)	6
104	Toner (250-300 ml)	6
105	Exfoliates (250-300 ml)	6

106	Massage Creams (250-300ml)	6
107	Serum (30-60 ml)	10
108	Sun Block	6
109	Bleach Powder 20 Volum	6
110	Skin Shiner	6
111	Soothing Lotion	6
112	Vit. E Capsules	25 Pkt
113	Nail Paint of different color	6
114	Talcum Powder	6
115	Dettol Large Bottle	6
116	Hand Sanitizer	15
117	Mirrors	5
118	Wig	8
119	Liner	6
120	Mascara	6
121	Sparkling dust	6
122	Glitter (different Shad)	6
123	Lipstick	6
124	Eye pencil & kajal	6
125	Eye brow pencil	6
126	High lights	6
127	Fixer Makeup	6
128	Concealer	6
129	Primer	6
130	Eye shade kit	6
131	Sponge	25
132	Blush on kit	6
133	Contouring kit	6
134	Sticks (W2, W1, 36, 38, Oriental, chinese, organza)	12
135	Lose Powder	6
136	Shiner white & skin	6
137	Face powder	6
138	Pan cake	6
139	High lighter	6



**Functional English**

S. No.	Item	Quantity
1.	Stationary	As per requirement
2.	Board Markers	As per requirement

**I.T Fundamentals**

S. No.	Item	Quantity
1.	Printing Paper	As per requirement
2.	Printer Toner	As per requirement

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**MINIMUM QUALIFICATION OF TEACHER/ INSTRUCTOR**

- 1 –Year course / diploma from renowned Parlour with 2–Years’ teaching / field experience.

OR

- 1 –Year certificate course from recognized Govt. institute, with 2–Years’ teaching / field experience

OR

- Short course (3 /6 Month) certificate holder from Govt. recognized institute, with Intermediate level Qualification and having Min. 5-Years’ relevant experience in the field.

**Functional English**

- M.A (English)

**I.T Fundamentals**

- DAE- CIT OR BCS/ B.Sc. Comp. Sc. from HEC recognized university

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## **REFERENCE BOOKS**

- 1 Companies Products original guide
- 2 Beauty links by Prof. Shafiq Anwar
- 3 GIZ developed manual regarding Skin, Hand & Beauty Therapy
- 4 Google
- 5 YouTube

### **Functional English**

1. High School English Grammar By Wren & Martin
2. Oxford English Grammar

### **I.T Fundamentals**

3. Introduction to Computer by Peter Norton
4. 2007 Microsoft® Office System Step by Step by Joyce Cox, Steve Lambert and Curtis Frye
5. Internet and E-mail with Windows 7 by Studio Visual Steps

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## **EMPLOYABILITY OF PASS OUT**

1. Pass outs may join any beauty parlour.
2. They can establish their own beauty parlour.
3. They can groom themselves at their home.
4. They can join organizations like, Airlines, Show Business etc, where numerous females work and are essentially required to put on makeup and hair styling.
5. They can establish their own institutions to conduct beauty parlour courses, currently an institution namely Depilex is successfully working on the same lines.

## LIST OF TRADE RELATED JARGON

- 1- Texturize - بالوں کا ایک خاص شکل دینا
- 2- Dusting - بالوں کی کم سے کم ٹریگنگ کرنا
- 3-Micro Derma Machine - اس کے استعمال سے متاثرہ جلد کو تازہ رکھنا ہے
- 4-Melasma - جلد پر نمونہ دار سیاہ دھبوں کو کہا جاتا ہے
- 5-Exfoliation - جلد کی بیرونی سطح پر مرنے والی خلیوں کے اٹارنے کے عمل کو کہتے ہیں
- 6-Cleansing - جلد سے گرد و غبار کے اٹارنے کے عمل کو کہتے ہیں
- 7-Knuckling - انگلیوں کے پوروں یا مٹھی کو گھما کر دباؤ ڈالنے کے عمل کو کہتے ہیں
- 8-Essential Oils - بیجوں اور جڑوں کی بوٹیوں سے نکالے گئے خوشبو دار مرکبات کو کہتے ہیں
- 9-Epilation - چہرے اور جسم سے بالوں کے اٹارنے کے عمل کو کہتے ہیں
- 10-Conditioner - خاص کیمیکل انجینئرنگ جو بالوں کو موہنی اور پرورینی دیتے ہیں
- 11-PH - تیزابیت اور قلیا دہی اجزاء کو ماپنے کا پیمانہ ہے۔ 0 سے 14 ہوتا ہے۔  
PH7 نیوٹرل ہوتا ہے۔ PH7 سے کم تیزابی اور PH7 سے زیادہ قلیا دہی ہوتا ہے۔
- 12-Epidermis - جلد کی باہروائی تہہ کو کہتے ہیں۔
- 13- Dermis - جلد کی درمیان والی تہہ کو کہتے ہیں۔
- 14-T- Zone - چہرے کا حصہ جس میں ماتھا، ناک اور چھوڑی شامل ہیں کو کہتے ہیں۔ یہ حصہ چمکدہ ہوتا ہے کیونکہ اس میں آئل گلینڈز پائے جاتے ہیں۔
- 15-Folicle - جلد کی تہہ جہاں سے بال اُگتے ہیں اسکو کہتے ہیں۔
- 16-Sterilization - تمام مائیکرو جراثیمات مثلاً بیکٹیریا یا وائرس کو ختم کرنے کا طریقہ
- 17- Back Combing - بالوں کے چھوٹے سٹیشن کر کے کٹنگھی کی مدد سے حجم دینے کو کہتے ہیں۔
- 18-Straightening - بالوں کو straightener کی مدد سے سیدھے کرنے کو کہتے ہیں۔
- 19-Mousse - سپرے کی شکل میں کیمیکل ہوتا ہے جس کی مدد سے بالوں کو سٹ کرتے ہیں
- 20-Concealer - اس سے جلد پر دانے، دھبے اور آنکھوں کے سیاہ جھلکوں کو چھپایا جاتا ہے۔
- 21-Contouring - چہرے کو ہندلانا اور نمایاں کرنے کا فن جس سے چہرے کی خصوصیات کو بڑھایا اور گھٹایا جاسکتا ہے۔
- 22-Foundation - میک اپ کی بنیاد کے طور پر کام کرتی ہے۔ اس سے جلد کے رنگ روپ ایک جیسا ہوتا ہے اور میک اپ دیر پا بھی ہوتا ہے۔
- 23-SPF - سن سکرین جو جلد کو UVB شعاعوں سے بچاتی ہے۔
- 24-Decollete Area - گردن اور اس کا اگلہ حصہ اور کندھے کا حصہ کو کہتے ہیں
- 25-Rosacea - چہرے پر مرنے والی نمونہ دار ہونے کو کہتے ہیں۔

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## Curriculum Revision Committee

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|--------------------------------------------------------------------------------|-----------------|
| <b>1. Muhammad Mukhtar</b><br>Chief Instructor,<br>GCT Faisalabad.             | <b>Convener</b> |
| <b>2. Ms. Nazli Bashir,</b><br>Principal,<br>GVTI(W) Dev Samaj Road,<br>Lahore | <b>Member</b>   |
| <b>3. Ms. Sabrina Sheikh,</b><br>Principal,<br>GVTI (W) Township, Lahore       | <b>Member</b>   |