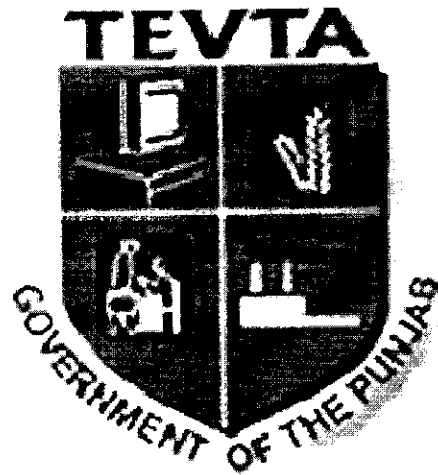


GOVERNMENT OF THE PUNJAB

TECHNICAL EDUCATION & VOCATIONAL
TRAINING AUTHORITY



CURRICULUM FOR

DOMESTIC TAILORING

(6 – Months Course)

Revised April 2016

APPROVED

Date: 7-4-16

Sign: 

CURRICULUM SECTION
ACADEMICS DEPARTMENT

96-H, GULBERG-II, LAHORE

Ph # 042-99263055-9, 99263064

gm.acad@tevta.gop.pk, manager.cur@tevta.gop.pk

TRAINING OBJECTIVES

All over the world, the designing of dress has a very significant role in Garment Industry. It is a fact that all kind of dresses are designed and sewed as per need of the area, culture, persons & their demand.

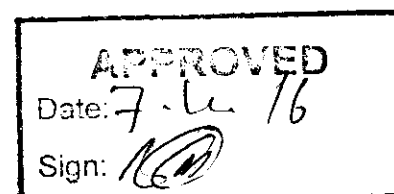
Domestic Tailoring is an art which plays a fundamental role for making the dress more attractive & eye catching for all age groups i.e. children, ladies and gents along with standard sizes, designs of traditional and modern classes. Further, the pass outs would enable themselves to enhance their family's income.

This curriculum is developed keeping in view the requirement of the market demand by more focusing on practical alongwith necessarily required theoretical knowledge alongwith work ethics.

This curriculum covers the major topics of drafting, development of children garments from basic bodice block, ladies garments, gents garments, pattern making, sewing of ladies, gents and children as per need & requirements alongwith functional English & work ethics.

CURRICULUM SALIENT

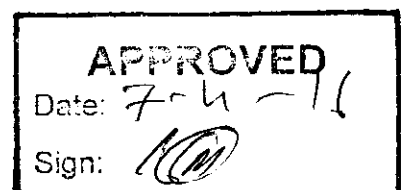
Name of the Course	:	Domestic tailoring
Entry level	:	Middle.
Duration of course	:	6-Months.
Total training hours	:	800 Contact Hours.
Training Methodology	:	Practical 80%
		Theory 20%



SKILL PROFICIENCY DETAILS

On successful completion of this course, the trainee should be able to:-

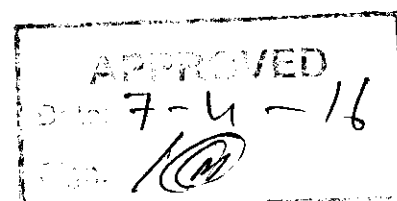
1. Make children, ladies and boys garments, figures and as per their body proportion.
2. Make patterns of different sizes according to body needs of boys, ladies and children.
3. Work on sewing machines / automatic sewing machines, etc. and also removing defects while sewing.
4. Take care and storage of dresses properly.
5. Use sewing machines safely.
6. Use electric sewing machines safely.



KNOWLEDGE PROFICIENCY DETAILS

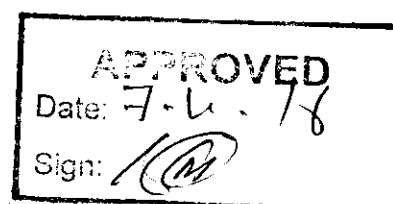
On successful completion of this course, the trainee should be able to: -

1. Explain the work with required utensils.
2. Explain patterns of different sizes according to body measurements of ladies and children.
3. Describe patterns making and cutting techniques.
4. Express general principles of dress designing and making.
5. Express the fashion designing as per requirements.



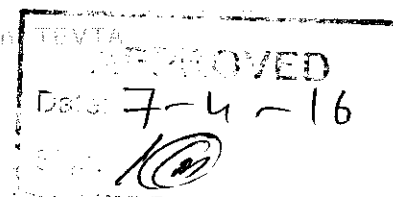
SCHEME OF STUDIES
Domestic Tailoring
(6 – Months Course)

S.No	Main Topics	Theory Hours.	Practical Hours	Total Hours
1.	Drafting / Pattern Making	68	200	268
2.	Sewing	68	344	412
3.	I.T Fundamentals	8	32	40
4.	Functional English	16	64	80
Total		80	720	800

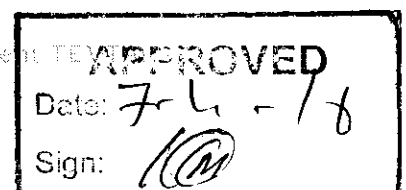


DETAIL OF COURSE CONTENTS**Domestic Tailoring
(6 – Months Course)**

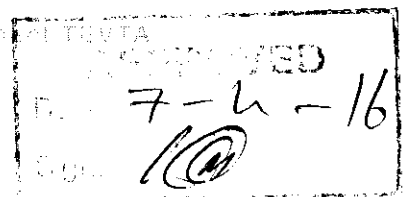
S. No	Detail of Topics	Theory Hours	Practical Hours
1.	Drafting / Pattern Making		
	1.1. Introduction of Pattern Making	05	
	1.2. Definition / Importance of Pattern Making and its use.	08	-
	1.3. Tools of Drafting and its use	05	4
	1.3.1. Scale reading & writing		5
	1.3.2. Direct Body Measurement and use Small, Medium Large Formula		5 2
	1.3.3. Terms & Technologies used in Drafting		
	1.3.4. Knowledge of different figure (Thin, Smart Normal Fat)		
	1.4. Bodice Block		
	1.4.1. Drafting of basic bodice block	05	6
	1.5. Development of Children Garments from basic bodice block	20	
	1.5.1. Girls Garments		
	1.5.2. Different types of Neckline Patterns		6
	1.5.3. Different types of baby collars		6
	1.5.3.1. Peter Pan Collar	10	6
	1.5.3.2. Roll Peter Pan		6
	1.5.3.3. Ruffle Collar		6
	1.5.3.4. Square Collar		6
	1.5.4. Blouse and Skirt		6
	1.5.4.1. Skirt Variations	10	
	1.5.4.2. Straight Skirt		5
	1.5.4.3. Straight Skirt with vent/box		5



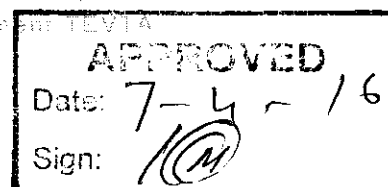
	pleat		8
	1.5.4.4. Panel Skirt		10
	1.5.4.5. Flared Skirt	05	
1.5.5.	Frocks		6
	1.5.5.1. A line Frock		6
	1.5.5.2. Yoke Frock		6
	1.5.5.3. Body Frock		6
	1.5.5.4. Umbrella Frock	1	
1.5.6.	Drafting of different pajamas		6
	1.5.6.1. Thaila cut		6
	1.5.6.2. Simple shallawar		6
	1.5.6.3. Shalwar with belt		6
	1.5.6.4. Shalwar with fitted belt	1	
1.5.7.	Boys Garments		6
	1.5.7.1. Knickers	1	10
	1.5.7.2. Bushirt		6
	1.5.7.3. Romper		10
	1.5.7.4. Pant		
1.6.	Ladies Garments		
	1.6.1. Draft & cut out pattern of ladies shirt (fitted)	1	8
	1.6.2. Prince Cut open Ladies Shirt		8
	1.6.3. Draft of ladies Kurta		8
	1.6.4. Draft and Cut out pattern Gharara		8
1.7.	Gents Garments		10
	1.7.1. Draft & cut out pattern of gents shirt and shalwar	1	8
	1.7.2. Draft & cut out pattern of open shirt		
	1.7.3. Draft & cut out pattern of pant		10
1.8.	Pattern alteration of different figures		4



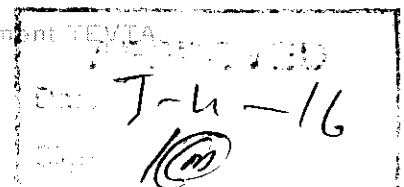
	1.9. Final project		20
	1.9.1. File preparation for all types of drafts		
2.	Sewing		
	2.1. Introduction and instruction of sewing techniques	6	
	2.1.1. Introduction of sewing machine		
	2.1.2. Parts of sewing machine		
	2.1.3. Lubrication of machine		
	2.1.4. Trouble shooting of sewing machine		
	2.1.5. Care of sewing machine and precautions		
	2.2. Objectives of Dress	3	
	2.2.1. According to personality		
	2.2.2. According to Occasions		
	2.2.3. According to Age Group		
	2.3. Selection of Fabric	4	
	2.3.1. According to personality		
	2.3.2. According to Occasions		
	2.3.3. According to Age Group		
	2.3.4. Texture of Fabric (Soft Rough)		
	2.4. Seams	10	
	2.4.1. Different kind of seams and finishes		10
	2.4.2. Button holes and fastened		10
	2.4.3. Zippers (visible) invisible		5
	2.4.4. Hand stitches		10
	2.4.5. Practice of Piping		10
	2.4.6. Different types of Necklines		5
	2.4.7. Different Types of Collars		5
	2.4.8. Different Types of Sleeves		10
	2.5. Sewing of girl garments	15	
	2.5.1. Sewing of A line frock		8



2.5.2.	Yoke frock		8
2.5.3.	Body frock		8
2.5.4.	Umbrella frock		8
2.5.5.	Skirts		
2.5.5.1.	Straight Skirts		8
2.5.5.2.	Panel Skirts		8
2.5.5.3.	Flared Skirts		8
2.5.5.4.	Extra flared Skirts		8
2.5.6.	Sewing of pajamas		
2.5.6.1.	Thailla cut		8
2.5.6.2.	Sqare cut		8
2.6.	Sewing of boy garments	3	
2.6.1.	Knicker		8
2.6.2.	Bushirt		8
2.6.3.	Romper		8
2.7.	Sewing of ladies garments	2	
2.7.1.	Sewing of ladies kameez		15
2.7.2.	Sewing of ladies kurta		15
2.7.3.	Sewing of shallwar		10
2.7.3.1.	Simple shallwar		8
2.7.3.2.	Shallwar with belt		8
2.7.3.3.	Shallwar with fitted belt		8
2.7.4.	Prince cut open shirt		10
2.7.5.	Gharara Suit		20
2.8.	Gents Garments		
2.8.1.	Different Types of Gents Collars	2	
2.8.1.1.	Sailor Collar		8
2.8.1.2.	One piece Collar		8
2.8.1.3.	Two Piece Collar		8
2.8.2.	Different Types of Pockets	4	
2.8.2.1.	Simple Pocket		8



	2.8.2.2. Pocket with Flap		8
	2.8.2.3. Welt Pocket		8
	2.8.2.4. Double Welt Pocket		8
	2.8.2.5. Pocket with coin		05
	2.8.3. Sewing of gents shirt and shalwar		10
	2.8.4. Sewing of open shirt		10
	2.8.5. Sewing of pant		10
	Total	136	544



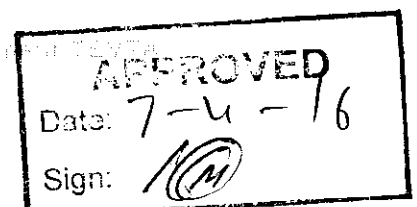
LIST OF PRACTICALS

Drafting / Pattern Making

1. Make a draft of Bodice Block
2. Development of children Garments from Basic Bodice Block
3. Make draft types of neckline and collars, Peter Pan, Square Collar, Roll Peter Pan, Ruffle Collars
4. Make draft and cut pattern of straight skirt
5. Make draft and cut pattern straight skirt with vent / Box pleat
6. Make draft and cut pattern Panel skirt, flared skirt
7. Make draft and cut pattern A line frock, Yoke Frock, Body Frock, Umbrella frock
8. Make a draft and cut pattern different pajamas, tails cut, simple Shalwar, Shalwar with belt, Shalwar with fitted belt
9. Make draft and cut pattern for boys garment, knickers, Bushirt, Romper, Pant
10. Make draft and cut out pattern ladies shirt fitted, Prince cut open shirt, ladies kurti, Gharara
11. Make draft and cut out pattern of gents shirt and Shalwar, open shirt, pant

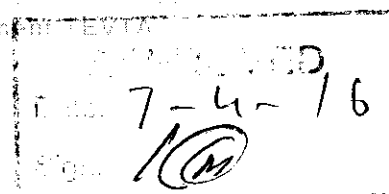
Sewing

1. Sewing for different kind of seams and finishes on fabric
2. Make button hole and fastened on fabric
3. Sewing of visible and invisible zips on fabric
4. Make hand stitches on fabric
5. Practice f piping on neckline round
6. Sew of three types of necklines
7. Sewing of different types of collars
8. Sewing of different types of sleeves
9. Sewing of A Line frock, Yoke frock, Body frock, Umbrella frock, skirts
10. Sewing of pajamas, thaila cut, square cut
11. Sewing of boy garments, knickers, bushirt, romper
12. Sewing of ladies garments, ladies kameez, ladies kurta shalwar, Shalwar with simple and fitted belt, prince cut open shirt, gharara suit
13. Sewing of Gents garments, types of collars, types of pockets, gents shirt and Shalwar, open shirt and pant.



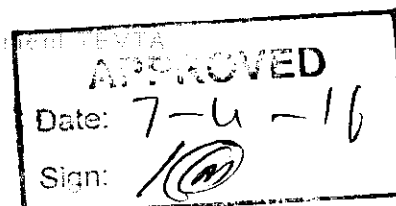
SCHEME OF STUDIES**I.T. Fundamentals**

S.No	Main Topics	Theory Hours	Practical Hours	Total Hours
1.	Introduction to Computers	2	6	8
2.	Typing - Microsoft Word	4	14	18
3.	Internet & Electronic Mail	2	12	14
Total		8	32	40

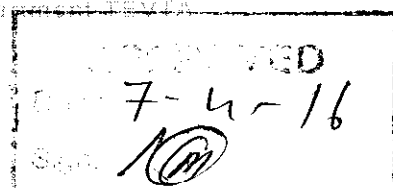


DETAIL OF COURSE CONTENTS**I.T Fundamentals**

S. No	Detail of Topics	Theory Hours	Practical Hours
1	<p>Introduction to Computers</p> <p>1.1 What is a computer- Definition, functions and general features?</p> <p>1.2 What is Hardware –</p> <p>1.2.1 Computer parts and units</p> <p>1.2.1.1 Input Unit - Keyboard, Mouse etc.</p> <p>1.2.1.2 Central Processing Unit</p> <p>1.2.1.3 Output Unit</p> <p>1.3 What is Software –</p> <p>1.3.1 Electronic Parts of a Pc it is</p> <p>1.3.1.1 Software and Its types</p> <p>1.3.1.2 System Software, Application software and its functions</p> <p>1.4 Working with windows Operating System</p> <p>1.4.1 How does windows desktops work?</p> <p>1.4.2 Setting desktop, background and wall papers etc.</p> <p>1.4.3 Viewing directories – List of files and folders different styles.</p> <p>1.5 What are the Icons, Shortcuts and other graphic,</p> <p>1.5.1 How to see computer contents on different drives etc.</p>	2	6
2	<p>Typing and Word processing (MS Word)</p> <p>2.1 Proper way of typing correct and speedy - getting familiar with the keys</p> <p>2.2 Where to type in computer? How to save a file? How to get it back? Where to find your saved work?</p> <p>2.3 Formatting in MS Word Bold, Italic, page setup, setting shades and colors.</p>	4	14

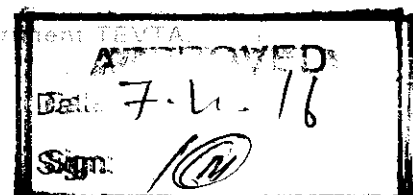


	2.4 Working with saved work, opening and moving files.		
	2.5 How to get it printed?		
3	Emailing and Internet Surfing	2	12
	3.1 How to go to Internet, what is required for an internet connection etc.		
	3.2 How to use email? How to search on web? Etc		
	3.3 How to make new email account, login and logout an email account etc.?		
	3.4 Downloading and uploading attachments etc.		
Total		8	32



LIST OF PRACTICALS
I.T Fundamentals

S. No.	Name of Practical
1.	Turn On/Off and setting of power supply
2.	Accessing The Desktop
3.	Using of Icons and Shortcuts
4.	Setting / customizing the desktop
5.	Viewing the contents of computer – Directory
6.	Setting the view of a folder
7.	Copying, Deleting and Moving Files in a folder
8.	Working with different Applications
9.	Opening MS Word for typing
10.	First lesson of Typing A S D F
11.	Second Lesson of typing J K L ;
12.	Third Lesson U I O P
13.	Fourth Lesson R E W Q
14.	Fifth Lesson N M , .
15.	Sixth Lesson V C X Z
16.	Seventh Lesson All letter using R index Finger
17.	Eighth Lesson All letter using L index Finger
18.	Formatting in MS Word Bold, Italic etc.
19.	Page Setting/ Page Layout
20.	Using Internet
21.	Opening Email, making new account
22.	Sending Receiving Emails
23.	Downloading and uploading attachments etc.



SCHEME OF STUDIES
Functional English

S.No	Main Topics	Theory Hours	Practical Hours	Total Hours
1.	Use of past indefinite tense	2	6	8
2.	Use of 'was' 'were' ' questions and negatives	3	6	8
3.	Explaining a situations/ analysis	2	6	8
4.	Communication in writing	2	6	8
5.	Comprehension	1	6	7
6.	Application/ C.V.	1	6	7
7.	Dialogues	1	9	10
8.	Understand vocabulary	1	3	4
9.	Writing complaints/ answers to complaints	1	9	10
10.	Interviews	2	7	10
Total		16	64	80


Lessons of Tailoring Department, Academic Department

APPROVED
Date: 7.4.16
Sign: 

DETAIL OF COURSE CONTENTS
Functional English

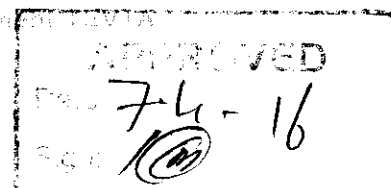
S. No	Detail of Topics	Theory Hours	Practical Hours
1	Use of past indefinite tense 1.1 Describing past events	2	6
2	Use of 'was' 'were' ' questions and negatives	2	6
3	Explaining a situations/ analysis 3.1 Making a plan 3.2 Visiting factory area 3.3 Giving justifications	2	6
4	Communication in writing 4.1 Asking for list of stationery items 4.2 Submitting report of performance of team of technicians 4.3 Submitting joining report	2	6
5	Comprehension: practice sets	2	6
6	Job application/C.V.	1	6
7	Dialogues	1	9
8	Understand vocabulary	1	3
9	Writing complaints/ answers to complaints	1	9
10	Interviews	2	7
Total		16	64

Tamil Nadu State Institute of Design, Academy of Design, Chennai - 600 006

APPROVED
Date: 7.4.16
Sign: 

LIST OF PRACTICALS
Functional English

S. No.	Practical
1.	Group discussion
2.	Interviews
3.	Role play




LIST OF LABS

Domestic Tailoring

- Pattern Making Lab
- Sewing Lab

I.T Fundamentals

- Computer Lab

APPROVED	
Date:	7-6-14
Sign:	

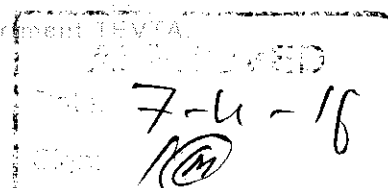
LIST OF TOOLS / MACHINERY / EQUIPMENT / TOOLS ETC

(For a Class of 25 Students)

Name of Trade	Domestic Tailoring
Duration of Course	6 Months

Pattern Making


S. No.	Name of Tools & Equipment	Quantity
1.	French Curve	25 Nos.
2.	Notcher	01 No.
3.	Tracing wheel	25 Nos.
4.	Paper Shears and Fabric Shears	25 Nos.
5.	Japanese Ruler	25 Nos.
6.	Stapler	02 Nos.
7.	Hand Punch	02 Nos.
8.	Pattern Sheets	02 Nos.
9.	Tracing Sheets	02 Nos.
10.	Drawing Boards	02 Nos.
11.	Box Board	02 Nos.
12.	Straight Pin and Thumb pin	25 Pkts.
13.	White Board / Marker Board	01 No.
14.	Chairs	25 Nos.
15.	Teachers Table	01 No.
16.	Teachers Chair	01 No.



Sewing

S. No.	Name of Tools & Equipment	Quantity
1.	Drafting Tables (6' x 4')	06 Nos.
2.	Chairs	25 Nos.
3.	Scissors. (10')	10 Nos.
4.	Sewing Machines (Electric)	25 Nos.
5.	Black Board	01 No.
6.	Disc-matic Machines	02 Nos.
7.	Electric Iron	02 Nos.
8.	Teacher Chair	01 No.
9.	Teacher Table	01 No.

Approved by the Director, Directorate of Technical Education, Jharkhand

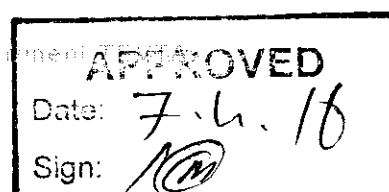
APPROVED
Date: 7.4.18
Sign: 

LIST OF CONSUMABLES**Functional English**

S. No.	Item	Quantity
1.	Stationery	As per requirement
2.	Board Markers	As per requirement

I.T Fundamentals

S. No.	Item	Quantity
1.	Printing Paper	As per requirement
2.	Printer Toner	As per requirement



MINIMUM QUALIFICATION OF INSTRUCTOR

- D.D.M (3 – Years Course) from Poly Technic Institute with 2–Years experience in the relevant field.

OR

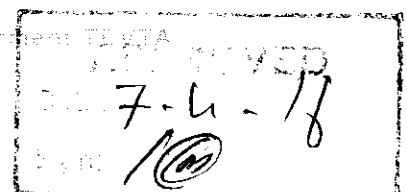
- F.A plus Dress Designing & making course (2–Years Course) from technical training institute with 6 years experience in dress making.

Functional English

- M.A. (English)

I.T Fundamentals

- DAE CIT/ BCS from HEC recognized university



REFERENCE BOOKS

1. Magazine related to fashion and dress making
2. Research through internet magazines etc.

Functional English

1. High School English Grammar By Wren & Martin
2. Oxford English Grammar

I.T Fundamentals

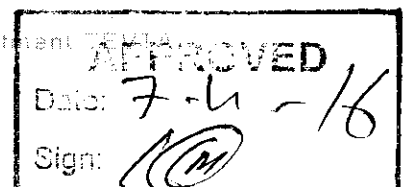
1. Introduction to Computer by Peter Norton
2. 2007 Microsoft® Office System Step by Step by Joyce Cox, Steve Lambert and Curtis Frye
3. Internet and E-mail with Windows 7 by Studio Visual Steps

7-6-16
100

EMPLOYABILITY OF PASS-OUTS

The pass outs of this course may find job / employment opportunities in the following areas / sectors: -

1. Garments Industry
2. Boutique and industrial homes.
3. Schools as a teacher for Home Economics/Drawings/Designing.
4. Dress making & designing at home



LIST OF TRADE RELATED JARGON

Words	اردو ترجمہ
Fabric Texture	کپڑے کی سطح
Principles	اصول
Standard	معیاری
Man Made Fiber	خوردہ ساختہ ریشہ
Natural Fiber	قدرتی ریشہ
Vegetable Fiber	نباتی ریشہ
Woven Fabric	کتلی بنی کپڑا
Knitted Fabric	مٹکے مشین بنی کپڑا
Weave	بانی
Center Back	پچھلا مرکز
Ease	آسائش
Facing	اندلی طرف کی گھونٹا کپڑا
Interfacing	ڈانٹھ
Placket	پٹی
Multi Purpose	آکھڑا لامتناہی
Essential	ضروری
Thimble	انگلی پر پٹھان ہونے والا
Element of Designing	ڈیزائن کے عناصر
French Seam	فرانسیسی
Grain Cross Wise	درجہ بندی
Aesthetic Sense	بھانپنے کی حس
Uneven	بھانپنا
Back Stitch	پچھلی
Stretch Fabric	کھینچنے والا کپڑا
Diagonal Line	ڈیگنل لائن
Horizontal Line	افقی لائن
Shape	شکل
Form	شع
Visual Balance	بصری توازن
Grading	بندوبست

Curriculum Revision Committee

1. **Ms. Qureshia Sultana,** **Convener**
Instructor (Fashion Designing),
GCT (W) Lytton Road, Lahore

2. **Ms. Abida Khalid,** **Member**
Instructor DDM,
GCT (W) Lytton Road, Lahore

